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**A study on the Spiritual Fiction the Quest of the Sparrows Explore the joy
of Freedom by Kartik and Ravi Nirmal Sharma**

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Abstract:

The Quest of the Sparrows is a book in the genre of Indian spiritual fiction. The story revolves around Pratibhan, the young guru upon whom spirituality was thrust upon. His journey, along with the lives of the people who accompany him on this journey, forms the crux of the novel. Taking inspiration from a sparrow, Pratibhan and his disciples began their long journey. A journey without any materialistic restrictions, no itinerary, no monetary baggage This journey helps them realise who they are and what they need to achieve in life. They try to learn why happiness eludes them despite their material success. It is a journey of redemption, inner healing and spiritual awakening.

Key words:

Sparrows, Journey, Pratibhan, Guru, Material Success, Redemption, Inner healing, Spiritual Awakening.

A study on the The Quest of the Sparrows

Upon the death of his father, the revered the spiritual guru of his estranged son, Pratibhan, and asked him to assume the role of spiritual leader of the ashram. Pratibhan rejects the role



of a spiritual guru because she thinks spirituality is a scam meant to lure individuals. He is ultimately compelled to take up the position of a guru. He feels inadequate to act as a guru given that he has not yet felt a spiritual calling. He decides to embark on a pilgrimage using an entirely novel approach in order to aid both his own and others' spiritual development. He models his journey on the lives of sparrows, who lead simple lives free from the constraints of success and worry about the passing of time.

Understanding the true joy of freedom requires the ability to comprehend the true meaning of life. Existential predicaments are rendered meaningless throughout this pilgrimage. Even death becomes calming in the face of Prathibhan's spiritual awakening.

All the key elements of spiritual fiction are present in *The Search of the Sparrows*. The characters battle the existential problems of modern society, the mental void brought on by material luxuries, the search for inner peace, the healing power of nature, putting an end to materialistic desires, and inner transformation.

Abundance of Material comfort and material success do not guarantee happiness in life. *In the city, there's no time or place for beauty... We live in concrete jails, yet imagine we're free! City life reminds me of the merciless bullock cart driver who beats his buffaloes to hurry them up. We pity the buffaloes, but not our overburdened selves.* The rich and the privilege consider everything at their hands grasp, but when they are faced with the bitter realities like Nikhil's character, they often find themselves at cross roads of life, turning into fake spirituality. *For me, all that these saints have managed to achieve is to start new cults and personal followings. I haven't seen anyone transformed by listening to the sermons of these gurus in the times I live in. Human beings are constantly going towards darkness instead of enlightenment and the world is rapidly becoming a place fit only for the wealthy and the manipulative. Even spirituality is up for sale. Overcoming existential dilemma becomes the ultimate struggle equalizes the rich and the poor alike.*

Sparrows serve as an analogy for inner freedom and the dynamism of creation. They provide as inspiration for Prathibhan to begin their transforming journey. *When a helpless sparrow can enjoy this world without a care, why can't you? Ever looked at the sparrows? Why is it that they always seem happy? We pride ourselves as the most intelligent species in the world,*



then why is happiness so difficult for us to achieve, yet so simple for them? The quest of the sparrows portrays the journey of modern man. His journey towards inner peace and spiritual harmony. They embark on this pilgrimage of inner tranquilly and peace. Their external journey aids their internal one. Nature serves as an anchor for all of these lost souls. The calming and healing effects of nature bring out the good qualities in the characters. The protagonists may have to let go of society's norms and material ties as part of their quest. a voyage free from technological and financial constraints and addictions. adopting a simpler lifestyle and finding happiness in the present. addictions. embracing a simpler way of living and finding contentment in the present moment.

Transformation within the characters may have spiritual awakenings or flashes of insight in the most unlikely circumstances as they pursue their own personal paths. Their spiritual awakening is neither dramatic nor extraordinary; it is simply the result of humans naturally becoming more compassionate: the result of external transformation and expansion. The character's experience significant growth as they face their anxieties, surmount challenges, and gain a better understanding of who they are and the world they live in. Their voyage also acts as a road for the characters atonement and recovery. These characters ultimately redeem themselves through love, forgiveness, and appreciation. All of the characters are ready for healing, and inner healing happens throughout the voyage.

The Quest of the Sparrows is an adventure that, in a subtle manner, has the power to impact the reader's innermost being. *It was easy to talk, but to walk the talk was the damndest hard thing to do.* But as you start your spiritual journey, you'll realise what enlightenment really means, just like the individuals in the novels. Compassion and empathy for humanity are essential for connecting to the divine. In the universe of universal wisdom, life and death are transitory states. A better society will result from valuing the lovely lives that are all around us.



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