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## **A Study of Sports Achievement of Arjuna Awardee Indian Boxer Kavita Chahal**

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## Abstract

The main aim of the research paper is to study the achievements of famous boxer Kavita Chahal. The present study considers how Kavita Chahal made this Journey from beginning to a Arjun Awardee Boxer. The researcher studied her contribution in sports and her hard work through which she won many medals (gold, silver and bronze) for the country. To given knowledge about her achievement, secondary data were collected from various websites, previous research studies and news papers. Analysis and results of the collected data indicated her achievements in chronological way.

**Keywords: Boxing, National and International Achievements, Gold, Silver and Bronze Medals.**

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## Introduction

The name Kavita Chahal is taken with great respect in the field of Indian boxing. She was born on 8<sup>th</sup> April, 1985 and belongs to village Nimri in district Bhiwani. Her father name is Mr. Bhup Singh and mother is Ramesh Devi. Kavita Chahal was interested in boxing from his childhood days and was inspired by her father Mr. Bhup Singh also a boxer. After some times, she went to Bhiwani Boxing Club and started her training under the supervision of Sports Authority of India coach and famous boxer Jagdish Singh. In initial, she participated in first All India Women Senior Boxing Championship-2006 and won Gold Medal. This was her first step towards the success. She took part in Asian Championships in the year 2008 (held in Guwahati), 2010 (held in Astana) and 2012 (held in Ulaanbaatar) under weight categories of 81 + kg. kavita Chahal won Silver medal in Guwahati-2008 and won Bronze Medal in astana-2010 and in Ulaabaatar-2012. She also won Bronze Medal in Asian Cap Women's Boxing Tournaments-2011 (Haikou). In AIBA Women's World Boxing Championship, Kavita won Bronze Medal under 81+ kg weight category in 2010 (Bridgtown) and in 2012 (Qinhuangdao). She is also Gold Medalist of World Police Games in 2013 (Belfost), 2017 (California) and 2019 (Chengdu). She is a heavyweight female boxer of India and she famed for the 2<sup>nd</sup> World Ranking from 2012 to 2014 and AIBA Ranking-11 in 2016. The Government of India presented Arjuna Award to Kavita Chahal in 2013 for her sports achievements. Kavita Chahal is a first female boxer from Haryana to be awarded Arjuna Award.

## Awards:

- **Arjuna Award in 2013**
- **Bhim Award in 2014**



## Review of Literature

**Singh (2004)** conducted a case study entitled “Padma Shree Milkha Singh Legendary Athlete Sports Administrator and Sports Promoter - A case study has studied his biography, sports career and his contribution in the field of sports. A standardized opinion rating questionnaire was developed and mailed to his contemporaries, colleagues and others eminent sports persons and coaches to assess the personality traits of S. Milkha Singh, his philosophy and abilities as an administrator and sports promoter. Interview with S. Milkha Singh, his family members, friends, colleagues and relatives was also conducted.

**Parul (2007)** conducted a case study of Arjuna Awardee and Golden Girl Mamta Kharb. She was born at village Gumana in district Sonapat (Haryana). She started her sport hockey training in SAI campus at Chandigarh in 1996. She played many national and international hockey tournaments. She represented India in Hockey at age of 16 years at USA and her team won Gold Medal. She received prestigious Arjuna Awards by the President of India and Bhim Award by State Government.

**Salesh Kalkal (2012)** conduct a impact of indira Gandhi super thermal power plant on land use / land cover and social economic conditions a case study of Jharli and its surrounding. Present research work has examined the land use/land cover changes and social economic impact of land acquisition and industrialization process in agriculture and economically backward region of Jharli and its surrounded five villages such as Mohanbari, Gorla, Khanpur Khurad, Khanpur Kalanand Wajitpur Tapa Birhor. Now, this region is rising as an industrial hub in south Haryana. The increase in industrial land is well coming trend because it will provide more and more jobs faculty but empirical observation reveal that due to increase in cost of cultivation, problem due to lack of irrigation facility and low raining, problem due to skill labour, supply to low quality adulterated fertilization and price fluctuation in the market, the farmer prefer to sell their land to property promoters and to government. Hence there is rice of decline in extent of land under agriculture in the near future also.

**Navin (2013)** conducted a case study of Ajun Awardee Ashok Kumar was born in wrestling and its promotion in india, published in the year 2013. Ashok Kumar ws born in sundana village District Rhtak, Haryana. As a child he was quite naughty, very active and loved sports, right from the childhood days. As a young boy, the subject did not show much interst in academic studies. He also competed his diploma in coaching in wrestling just after completing his metric. He played nearly more than 1000 wrestling and about 33 international tournaments/championships in his wrestling career and he received Arjun Award 1993 and



Bhim Award 1989 by govt. of Haryana. He had the golden trick in his wrestling career.

## Research Methodology

Under this study, the researcher made efforts to know biographical, historical background and achievements of Kavita Chahal as a reputed boxer to meet the objective. That is why a case study was designed under the title “Kavita Chahal: A Case Study of Achievements in the field of Boxing”. Data may be collected from primary and secondary sources. In this research project, secondary data were collected from published sources and unpublished sources like as newspaper, internet websites. The collected data were classified and presented by the statistical technique tabulation.

## Analysis of National and International Sports Achievements

Table-1

### National Level Achievements:

S.No.	Tournament	Date	Venue	Position
1	14 <sup>th</sup> Senior Women's National Boxing Championship	18 <sup>th</sup> May 2013 to 23 <sup>rd</sup> May 2013	Uttrakhand	Gold
2	13 <sup>th</sup> Senior Women's National Boxing Championship	25 <sup>th</sup> Nov. 2012 to 29 <sup>th</sup> Nov. 2012	Guwathati	Gold
3	61 <sup>st</sup> All Indian Police Games	Nov. 2012	Delhi	Gold
4	60 <sup>th</sup> All Indian Police Games	March 2012	Delhi	Gold
5	4 <sup>th</sup> Inter Zonal Women's National Boxing Championship	12 <sup>th</sup> to 15 <sup>th</sup> July, 2012	Andhra Pradesh	Gold
6	All india universities	January 2011	Udaipur	Gold
7	3 <sup>rd</sup> Inter Zonal Women's National Boxing Championship	2011	Punducherry	Gold
8	12 <sup>th</sup> sr. Women Boxing Championship	2011	Bhopal	Gold
9	34 <sup>th</sup> federation cup women boxing championship	2011	Nainital	Gold
10	1 <sup>st</sup> Interzonal national women Boxing championship	2010	Tirupur (tamilnadu)	Gold
11	33 <sup>th</sup> federation cup women boxing championship	18 <sup>th</sup> to 21 <sup>st</sup> November 2010	Nainital	Gold



12	10 <sup>th</sup> Sr. women national boxing championship	2009	Jamshedpur	Gold
13	N .C. Sharma Memorial federation cup women boxing championship	2009		Gold
14	Federation cup women boxing championship	2009	Tamilnadu	Gold
15	9 <sup>th</sup> Sr. women National Boxing championship	November 2008	Agra	Gold
16	Vizag Steel Sr. Women National Boxing Championship	June 2008	Vishakhapatnam	Gold
17	SRM Frderation Cup 2007	2007	Kattankulathur Kanchipuram(Tamilnadu)	Gold
18	1 <sup>st</sup> all india women Sr. boxing Championship	2006	Nainital	Gold
19	11 <sup>th</sup> Senior women National Boxing Championship	5 <sup>th</sup> to 10 <sup>th</sup> December 2010	Thrissur	Silver
20	7 <sup>th</sup> Sr. Women national boxing Championship	December 2006	Vishakhapatnam	Silver
21	34 <sup>th</sup> National game in Jharkhand	17 <sup>th</sup> to 24 <sup>th</sup> February 2011	Jharkhand	Bronze
22	8 <sup>th</sup> Sr. Women national boxing Championship	2007	Rudarpur	Bronze
23	33 <sup>rd</sup> National Games	2007	Guwahati	Bronze



**Table-2**

**International Level Achievements:**

S.No.	Tournament	Date	Venue	Position
1	World Police Games	1-10 Aug, 2013	Northern Ireland	Gold
2	5 <sup>th</sup> Asian Women's Boxing Championship	23-31 May, 2010	Astana, Kazakistan	Bronze
3	6 <sup>th</sup> Asian Women's Boxing Championship	7-19 September, 2010	Barbados West Indies	Bronze
4	1 <sup>st</sup> Asian Women's Boxing Boxing Tournament	7-8 May, 2011	Haikou China	Bronze
5	6 <sup>th</sup> Asian Women's Boxing Championship	16-26 March, 2012	Mangolia	Bronze
6	7 <sup>th</sup> Asian Women's Boxing Championship	9-20 May, 2012	China	Bronze

Kavita Chahal is a heavy weight female boxer of India. She took part in Duol Training and competition during 2008 (Canada) and won Silver Medal. In 2011, she participated in All India Universities Tournament (Udaipur) and won Gold Medal. In 2012 and 2013, she participated in 13<sup>th</sup> Senior Women National Boxing Championship and 14<sup>th</sup> Senior Women National Boxing Championship respectively and won Gold Medal in the both Championships.

At International level, Kavita Chahal took part in 7<sup>th</sup> World Women's Boxing Championship (China-2012) and hold for Bronze Medal position. In 6<sup>th</sup> Asian Women's Boxing Championship (Mangolia-2012), she won again Bronze Medal. Kavita also took part under World Police Games and she won Gold Medal in 2013 (Belfast), 2017 (California) and in 2019 (Chengdu). In the recognition of Kavita Chahal's achievements, the Government of India presented her with the Arjuna Award in 2013.



**Table-3**

### **Sports Performance of Kavita Chahal in National and International Competitions of Last Three years**

S.No.	Medals	National Competitions	International
1	Gold	17	1
2	Silver	2	0
3	Bronze	3	5
<b>Total</b>		22	6

Table-3 indicates that the sports performance of Indian boxer Kavita Chahal in national and international level competitions during last three years. It is observe from the above table that Kavita Chahal won maximum Gold medals (17 medals) in national level competitions followed by Bronze medals (3 medals) and Silver medals (2 medals). In international level competition, she won maximum Bronze medals during the last three years.

### **Conclusion**

On the basis of analysis it may be concluded that Kavita Chahal was interested in boxing from childhood. Kavita was initially inspired by her gather Bhup Singh. Kavita's first coach was Mr. Jagdish Singh who trained her properly and professionally. In her sports career, she has a long journey. She participated in many boxing championship and secured her position for Golds, Silvers and Bronzes many times. She is first female boxer from Haryana who got Arjuna Award in 2013.

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