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Personality Analysis of Arjuna Awardee Wrestler Shri Rajender Kumar

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Abstract:

To scrutinize the case study of Wrestler Shri Rajender Kumar, the data origin includes consideration of the couplet literatures and survey mechanism, interview, questionnaires technique as tools for assembly data for the study. This study focuses on his philosophy regarding sports as a profession in India. A case study is sketched utilizing the ancient, biographically detailed allegorical mechanism to analyze his quality as a player, his skillful peculiarity, his managerial mastery and his offering for Wrestling at highest level. This research will provide detailed information of Shri Rajender Kumar as a personality and as a wrestling coach. The results indicated that Shri Rajender Kumar, Arjuna Awardee, is an outstanding wrestler, He is a thoroughly committed professional wrestling "GURU", he is honest and sincere to his assignments, Shri Rajender Kumar, Arjuna Awardee is very friendly, cooperative and regular in daily exercises, he is known for his remarkable patience and perseverance. He is very popular among his colleagues, his personality indicated that he is an extrovert by his nature and finally he is a role model for the young aspiring Wrestlers

Keywords: Personality, Wrestling

Introduction

Qualitative research is called Case study which does not involve statistical hypothesis testing. The method has been criticized as being unreliable, too general and open to bias. To avoid these problems, studies should be carefully planned and applied. It is research in which the "case" being studied may be an individual, a family, an organization, societies or a social group, existing in a specific time and place. The complex situation and combination of factors involved in the given behavior are examined to determine the existing status to identify the casual factors operating (Good & Scate, 1972). According to Hamel, an individual case is the "mandatory intermediary in attempting to grasp the common nature of individual actions and behaviors"

Wrestling and grappling sports have a long and complicated history, stretching into prehistoric times. Many traditional forms survive, grouped under the term folk wrestling. More formal systems have been codified in various forms of martial arts worldwide, where grappling techniques form a significant subset of unarmed fighting (complemented by striking techniques).



The modern history of wrestling begins with a rise of popularity in the 19th century, which led to the development of the modern sports of Greco-Roman wrestling on the European continent and of freestyle wrestling and collegiate wrestling in Great Britain and the United States, respectively. These sports enjoyed enormous popularity at the turning of the 20th century. In the 1920s, show wrestling as a form of sports entertainment, now known as professional wrestling, separated from competitive sport wrestling, now known as amateur wrestling.

A sport as a profession is passing through one of the most exciting, yet critical periods in its history. Sports activities are being played by more people of both sexes, and concern about health and wellness is great. The years ahead are filled with many uncertainties and problems. Therefore, in order to achieve the objectives of mass participation in sports, a role model is needed to cope with these uncertainties and problems. The sports profession needs an influx of scholarly, energetic and well-trained leaders.

The very purpose of taking this research project was to highlight the qualities of Shri Rajender Kumar, which would serve as a lighthouse to the people connected with sports. He is a role model whose example can inspire and motivate sports persons to work hard. It is only due to his dedication, hard work, sincerity, punctuality towards sports that he maintained his performance for a very long period at international level as he participated continuously in various National and International events.

Objectives of the study:

The following objectives were selected for the purpose of the proposed study:

- To find out the personality characteristics of Shri Rajender Kumar.
- To find out his personality as a coach.

Procedure and Methodology:

The integrated approach is used to gather valid and dependable statistics for the study. To scrutinize the case study of Wrestler Shri Rajender Kumar, historical, biographical and analytical method were exploited, the data origin includes consideration of the couplet literatures and survey mechanism, interview, questionnaires technique as tools for assembly data for the study. This study focuses on his philosophy



regarding sports as a profession in India. A case study is sketched utilizing the ancient, biographically detailed allegorical mechanism to analyze his quality as a player, his skillful peculiarity, his managerial mastery and his offering for Wrestling at highest level.

Results and Discussions:

TABLE NO. 1: OPINION RATING QUESTIONNAIRE (%) ON SHRI RAJENDER KUMAR'S PERSONALITY

S. No.	Statement	SA	A	DA	SDA
1	He was the one who set the best example for other players	64	36		
2	He had a great sense of humour.	47	53		
3	He was very friendly with public.	30	62	8	
4	He is one of the best wrestling players India has produced	74	26		
5	He was fond of other sports as well	18	22	36	24
6	He spends his leisure hours in maintaining relations	45	47	9	
7	He had never taken undue benefit of his position.	72	28		
8	He always did full justice to the work he undertook.	80	16	4	
9	He influences young wrestlers to a great deal	71	29		
10	He was always down to earth.	59	41		
11	He had never lost his temper	69	31		
12	He was a picture of fitness.	90	10		
13	He knew how to cope with hurdles.	56	40	4	
14	He never lets emotions overcome him.	64	35	1	
15	He got on well with teammates, authorities and young players.	67	33		



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16	He was expert to control players.	60	40		
17	He was good at motivating others	70	30		
18	He didn't like complaining over trivial matters.	67	33		
19	He was soft spoken and straight forward at the same time.	40	50	10	
20	He preferred set rules to his personal views.	50	50		
21	He was very popular among his colleagues	80	20		
22	He was proud of his country	53	47		
23	He was a religious person.	70	30		
24	He seems to be health conscious	90	10		

Shri Rajender Kumar possessed best example for other players as 64% sports persons strongly agreed, whereas 36% agreed with this view. Majority of the surveyed professional personalities expressed that Shri Rajender Kumar was very friendly with public as 30% strongly agreed, whereas 62% agreed and 8% disagree with this view.

Shri Rajender Kumar has great sense of humor as viewed by his colleagues, contemporaries and sport persons. 47% strongly agreed with this view, whereas 53% agreed with it. 8 90% of his teammates, colleagues, contemporaries and sports persons strongly agreed that Shri Rajender Kumar was physically very fit, whereas 10% agreed with this view. 69% of his teammates, colleagues, contemporaries and sport persons strongly agreed that Shri Rajender Kumar never lost his temper, whereas 31% agreed with this view.

Shri Rajender Kumar has done justice to the work he has taken as 80% strongly agreed and 20% agreed as viewed by his teammates, colleagues, contemporaries and sports persons. He was expert to control players 60% respondents strongly agreed and 40% agreed. Majority of the trainees, teammates, colleagues, contemporaries and sports persons were of the opinion that Shri Rajender Kumar's attitude always down to earth as 74% strongly agreed and 26% agreed with their opinion. He was a religious person as 70% respondents strongly agreed and 30% agreed with this fact.

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56% people strongly agreed and 40% agreed whereas 4% disagreed that he knew how to cope with hurdles. He was very popular among his colleagues was strongly agreed by 47% of the respondents, whereas 53% agreed for the same. 50% people strongly agreed, whereas 50% agreed that he believed in set rules to his personal views. On the other hand, 71% respondents strongly agreed, whereas 29% agreed that he knew how to influence young wrestlers.

70% respondents strongly agreed, whereas 30% agreed that Shri Rajender Kumar was good at motivating others. 74% people strongly agreed and 26% agreed that Shri Rajender Kumar was among the best Indian wrestlers India has ever produced. He never took undue benefit of his position 72% people strongly agreed, whereas 28% agreed. He was fond of other sports as well 18% respondents strongly agreed, whereas 22% agreed whereas 24% disagreed and 24% strongly disagree with this view.

Shri Rajender Kumar is proud of his country, 67% respondents strongly agreed, and 33% agreed. He gets on well with teammates authorities and young players' 39% people strongly agreed with this and 56% agreed. Opinion of 90% respondents strongly agreed, 10% agreed that he seems to be health conscious. Shri Rajender Kumar was soft spoken and straight forward as 40% people strongly agreed and 50% agreed and 10% disagreed with this fact. 45% respondents strongly agreed and 46% agree whereas 9% disagreed that he is very good at maintaining relations. 67% people strongly agreed and 33% agreed that he doesn't like complaining over trivial matters. 64% strongly agreed and 35% agreed and 1% disagree that Shri Rajender Kumar's never lets his emotions overcome him.

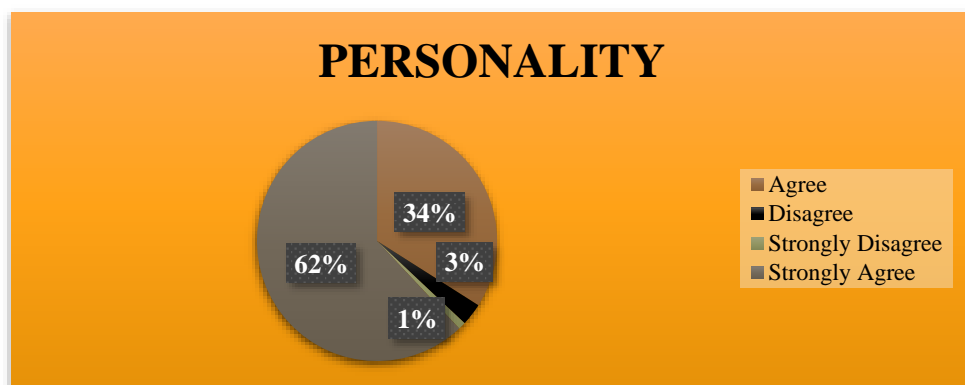


Figure No. 1: Average rating in percentage of statement regarding Shri Rajender Kumar's

Personality

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TABLE NO. 2: OPINION RATING QUESTIONNAIRE (%) ON SHRI RAJENDER KUMAR AS A WRESTLING COACH

S. No.	Statement	SA	A	DA	SDA
1	His coaching was very scientific	39	21	40	
2	He had a great knowledge of wrestling	89	11		
3	He inspired players to giving examples of great sporting personalities.	48	47	5	
4	He treated all trainees equally	66	34		
5	He was very good on picking talent	42	41	17	
6	His approach to sports was very advanced	62	28	10	
7	He was a committed professional as a wrestling GURU	81	19		
8	His daily schedule for players was always on scientific methods	24	36	40	
9	He never showed fever towards selected players.	55	45		
10	He used to encourage trainees for mutual discussion	42	35	23	
11	He always appreciated innovative ideas	36	54	10	
12	His coaching was interesting as well as inspiring	76	24		
13	He was very good in providing motivations	71	29		
14	He keeps complete records of his trainees	42	43	15	
15	He coached trainees in fatherly manner	72	28		
16	He was very sincere in his efforts.	89	11		
17	He did things in a well-planned manner.	42	54	4	
18	He treats all trainees equally	39	56	5	



It was observed that Shri Rajender Kumar had a great knowledge of wrestling as 89% respondents strongly agreed with this view, 11% agreed for this. 42% respondents strongly agreed, 41% agreed and 17% disagreed that he was very good at picking talent. 39% respondents strongly agreed, 21% agreed and 40% disagreed that Shri Rajender Kumar's coaching was very scientific. He always inspired players by giving examples of great sporting personalities as 35% respondents strongly agreed and 65% agreed with him. His daily schedule for players was always based on scientific methods, 14% people strongly agreed and 58% agreed with it.

He always welcomed all good suggestions, 41% respondents strongly agreed, 43% agreed and 5% disagreed with this. 28% people strongly agreed, 65% agreed and 8% disagreed that his approach to sports is most advanced. He was a committed professional as a Wrestling coach, 18% people strongly agreed and 52% agreed with it.

He treated all trainees equally and never showed favor towards few players as 42% respondents strongly agreed with this view, 52% agreed and 6% disagreed with it. Shri Rajender Kumar used to encourage trainees for mutual discussion as 25% people strongly agreed with this view, 68% agreed and 8% disagreed with this point. His coaching was interesting as well as inspiring as 18% respondents strongly agreed with this view, 72% agreed and 10% disagreed with this point. He was very good in providing motivation as 23% people strongly agreed with this view, 69% agreed and 8% disagreed.

51% respondents strongly agreed that he always appreciated new ideas, 39% agreed and 10% disagreed with it. Shri Rajender Kumar was very sincere in his efforts as 55% people strongly agreed with this view, 38% agreed and 6% disagreed with it. 28% respondents strongly agreed with this view and 60% agreed that he does things in well planned manner.

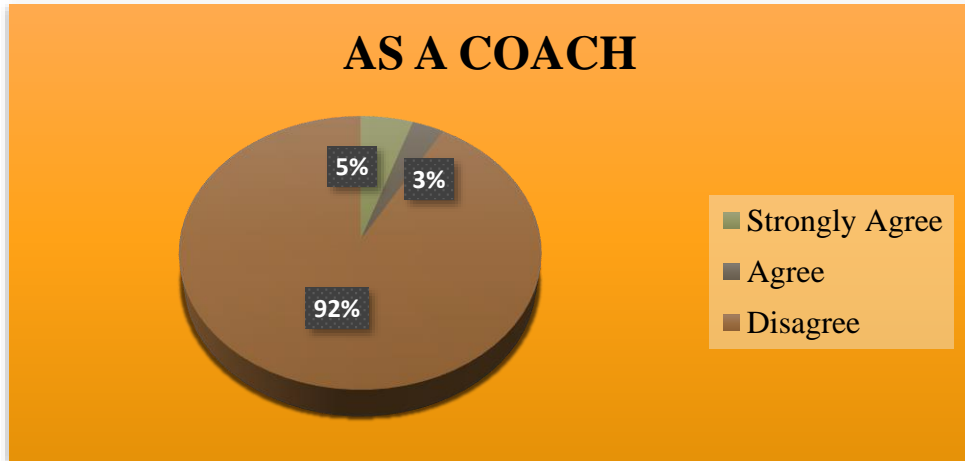


Figure No. 2: Average rating in percentage of statement regarding Shri Rajender Kumar's as a Wrestling Coach

TABLE NO. 3: EYSENCK PERSONALITY TEST OF SHRI RAJENDER KUMAR

DIMENSION	EXTROVERSION	NEUROTIC	LIE SCORE	PSYCHOTISIS
SCORE	15	9	10	8
INTERPRETATION	Extrovert	Normal	Not Valid	Normal

Table No. 3 Shows the personality of Shri Rajender Kumar for Eysenck's personality test which shows that the Extroversion result is extrovert, Neurotic result is normal, Psychotisis result is normal and Lie score is not valid, so overall Shri Rajender Singh ji is under the personality of Extrovert.

Conclusions:

On the basis of the findings of the present study the following conclusions are drawn: -

- Shri Rajender Kumar, Arjuna Awardee, is an outstanding wrestler.
- He is a thoroughly committed professional wrestling "GURU".
- He is honest and sincere to his assignments.



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- Shri Rajender Kumar, Arjuna Awardee is very friendly, cooperative and regular in daily exercises.
- Shri Rajender Kumar, Arjuna Awardee is known for his remarkable patience and perseverance. He is very popular among his colleagues.
- Shri Rajender Kumar, Arjuna Awardee is an extrovert by his nature
- Shri Rajender Kumar, Arjuna Awardee is a role model for the young aspiring Wrestlers

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