

An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

111

The Evolution of Women's Boxing in India: A Comprehensive Analysis of Mary Kom's Journey as a Pioneering Figure

### Smita Nagrecha

Associate Professor,

Gujarat Arts & Commerce College, Ahmedabad

### Dr. Paresh joshi

Professor, Department of English

Veer Narmad South Gujarat University, Surat

### Abstract

Mary Kom, an Indian boxer, has many admirable traits, and this article examines her Olympic accomplishments to show them. To find out why Mary Kom was so successful, this research looks at her accomplishments. The study's overarching goal is to learn what inspired Mary Kom, how much money she made over her career, and her physical accomplishments. Her motivational impulses, personal history, and financial situation all impact her boxing performance, and understanding this is vital. In this study, Mary Kom could express her thoughts, feelings, and opinions through direct interviews. Using these interviews, the research paints a detailed picture of her career from its inception to today. It provides an inside look at the challenges she faced, the methods she employed, and the motivations that kept her striving for greatness. Interviews and opinion rating surveys were developed to assess Mary Kom's impact on sports and physical education. Views from the academic, stakeholder, and athletic communities are solicited in these surveys. To find out what Mary



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

Kom left behind, the study looks into her marketing efforts in boxing and her achievements in Indian sports. The effect that Mary Kom had on the sport of boxing and sports marketing nationally is also being investigated. This study aspires to shed light on her influence by analyzing her roles in expanding and improving sports; doing so may motivate young athletes of the future and propel the expansion of sports in the nation. This study aims to gain comprehensive knowledge of Mary Kom's boxing talents, socioeconomic background, and contributions to Indian boxing and sports through opinion rating surveys and direct interviews. Optimism, athleticism, and athletics are the foci of this research.

**Keywords:** Women boxers ,Olympian, Motivation factors

#### Introduction

The individual under discussion is Theresa Chungneijang Mangte, a prominent figure who has garnered significant attention and recognition in various domains. Mary Kom, a pugilist from India, is widely recognized by her sobriquet, MC Mary Kom, or Mary Kom. The individual in question is the sole female pugilist to have achieved the remarkable feat of securing a medal in all six of the esteemed international boxing tournaments. Furthermore, her exceptional prowess in amateur boxing is exemplified by her triumphant conquest of the global Amateur Boxing Championship on five occasions. The individual in question holds the esteemed distinction of being the inaugural Indian female pugilist to secure qualification for the esteemed Summer Olympics in 2012 successfully. Her participation in those mentioned earlier global sporting events was marked by her active involvement in the flyweight (51) category, culminating in acquiring the highly coveted bronze medal. The individual in question has garnered considerable recognition under the moniker "Magnificent Mary."

Furthermore, it is worth noting that she has achieved a commendable position, specifically the fourth rank, within the flyweight division of the esteemed AIBA World Women's Ranking. In 2014, the individual in question achieved the notable distinction of being awarded her inaugural gold medal during the esteemed Asian Games. This prominent sporting event transpired in the city of Incheon.



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

Not only did Kom co-write an autobiography titled Unbreakable (2013), but she also appeared in the film Mary Kom (2014), which Priyanka Chopra played. In addition, Kom has established a fight club in Imphal that is only for females in order to educate young women on how to protect themselves against sexual assault in India. Mary Kom desires Priyanka Chopra to serve as the brand ambassador for her institution so that it may be disseminated across the nation. Kangathei, a geographically situated locality within the Churachandpur district of the northeastern state of Manipur, is the birthplace of the esteemed individual known as Kom. The individuals referred to as Mangte Tonpa Kom and Mangte Akhtam Kom, the progenitors of the subject in question, were domiciled in the locality of Moirang until the individual, as mentioned earlier, attained the scholastic level corresponding to the sixth grade. The individual in question attended St. Xavier Catholic School in Moirang until the culmination of her academic journey at the eighth-grade level. Following her previous educational endeavours, she proceeded to transfer her academic pursuits to Adimjati High School situated in Imphal, to successfully conclude her studies in classes IX and X. Regrettably, her efforts were met with an inability to satisfy the prerequisites for admission, thereby impeding her progression. In light of her inclination to circumvent redundancy, she opted against pursuing further academic endeavours. Instead, she successfully obtained her degree from Churachandpur College, followed by her examination at the National Institute of Open Schooling (NIOS) in Imphal.

### **Olympic Games**

Mary, a highly accomplished individual who has achieved multiple victories in the esteemed world championship, possesses a substantial collection of medals in the 46-kilogram and 48-kilogram weight divisions. In light of the World Boxing Organization's (WBO) decision to exclusively sanction women's boxing within a limited spectrum of weight divisions, encompassing a minimum weight category of 51 kilograms, the individual in question was compelled to transition into this particular weight class and undergo a deliberate weight gain approximately two years ago. During the AIBA Women's World Boxing Championship held in 2012, it is noteworthy to highlight that Kom's participation encompassed not solely vying for the prestigious championship title but also contending for a coveted berth at the esteemed



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

Summer Olympics hosted in London that same year. The inclusion of women's boxing as a sport in the Olympic Games marked a significant milestone in the history of this esteemed international event. It represented the inaugural occasion wherein female pugilists were granted the opportunity to showcase their skills and compete on the grand stage of the Olympics. In the annals of the championship, a notable occurrence transpired in the most recent year, wherein Kom, a renowned athlete of remarkable prowess, failed to secure a coveted medal, thus marking an unprecedented departure from her previous triumphs. However, it is worth noting that despite this setback, Kom's indomitable spirit and unwavering dedication to her craft propelled her towards a commendable achievement - the acquisition of a coveted position in the esteemed Olympic Games. In the 51-kilogram weight class quarterfinals, the individual in question experienced defeat at the hands of Nicola Adams, a representative of the United Kingdom. In the esteemed Olympic Games held in London 2012, Adams, a formidable competitor, emerged victorious in the semifinal encounter against Kom. Laishram Sarita Devi, a prominent Indian pugilist, emerged as the sole female representative from India to secure a berth in the esteemed boxing event. She exhibited remarkable skill and determination, demonstrating her exceptional prowess, ultimately clinching the commendable second position in the fiercely contested 60 kg division. The individual, as mentioned earlier, distinguished by her Indian heritage, stands as the sole female representative from the Indian subcontinent to have successfully met the qualifying criteria for participation in the tournament.

The expedition to the city of London was accompanied by the maternal figure of Kom, in conjunction with her significant other. Due to the absence of an International Boxing Association (AIBA) 3 Star Certification, a mandatory prerequisite for accreditation, Kom's coach, Atkinson, was regrettably precluded from accompanying her to the esteemed Olympic Village. The acquisition of these certifications is deemed necessary in order to obtain accreditation. In the third women's boxing match ever contested in the Olympic Games, Karolina Michalczuk, a pugilist hailing from Poland, encountered a formidable adversary in the form of Kom, a representative of the United States of America. The contest culminated in a decisive victory for Kom, who emerged triumphant with a score of 19-14, securing her place in the annals of Olympic boxing history. The inaugural round of the Olympic Games



An International Multidisciplinary Peer-Reviewed E-Journal www.vidhyayanaejournal.org

Indexed in: Crossref, ROAD & Google Scholar

was conducted on August 5, 2012. On the subsequent day, the protagonist emerged victorious in a competitive encounter against Maroua Rahali, hailing from the North African nation of Tunisia, during the quarterfinal stage of the event. The final scoreline of this encounter stood at 15-6, indicating a decisive triumph for the protagonist. The triumph was achieved on the subsequent day.

The semifinal encounter transpired on August 8 in,2012, wherein the protagonist suffered a defeat at the hands of Nicola Adams, hailing from the United Kingdom, with a notable discrepancy in the final tally of 6 points to 11. Notwithstanding the circumstances mentioned earlier, the individual in question secured a commendable third place in the highly competitive event, acquiring her inaugural bronze medal at the esteemed Olympic Games. In light of the cabinet meeting convened on August 9, 2012, the esteemed government of Manipur reached a consequential resolution to allocate a monetary disbursement of Rs. Fifty lakhs, accompanied by a generous allotment of two acres of land to each individual. The individual in question assumed the responsibility of bearing the Indian national flag during the ceremonial proceedings that signified the culmination of the sinner categories in the year 2012. Due to the resolution adopted by the international governing body two years ago, which sanctioned the inclusion of women's boxing within a limited spectrum of weight divisions, our subject was compelled to transition into the lowest weight category, set explicitly at 51 kilograms. Consequently, she underwent a deliberate weight gain process to conform to this category's prescribed parameters.

During the AIBA Women's World Boxing Championship held in 2012, it is noteworthy to mention that Kom, a prominent participant, was not solely vying for the prestigious championship title but also contending for a coveted berth at the esteemed Summer Olympics in London, which were scheduled to take place in the same year. The inclusion of women's boxing as a sport in the Olympic Games marked a significant milestone in the history of this esteemed international event. It represented the inaugural occasion where female pugilists were granted the opportunity to showcase their skills and compete on the grand stage of the Olympics. In the annals of the championship's history, a remarkable occurrence transpired during the most recent edition: Kom, a prominent contender, failed to secure a coveted



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

medal, thus marking an unprecedented departure from her previous triumphs. However, it is worth noting that despite this setback, she managed to secure a coveted berth in the esteemed Olympics, thereby attesting to her enduring prowess and resilience in competitive sports. In the 51-kilogram weight class quarterfinals, the individual in question experienced defeat at the hands of Nicola Adams, a representative of the United Kingdom. In the annals of the Olympic Games held in the illustrious city of London in 2012, it came to pass that Adams, a formidable contender, emerged triumphant in the semifinal encounter against the esteemed adversary known as Kom. Laishram Sarita Devi, a distinguished Indian pugilist, emerged as the sole female representative from India to secure a coveted spot in the esteemed boxing event successfully. Demonstrating her exceptional prowess, Devi exhibited remarkable skill and resilience, ultimately clinching the second position in the fiercely contested 60 kg division. The individual in question, hailing from India, is a singular exemplar of her gender within the tournament context, having successfully met the requisite qualifications to participate therein.

The expedition to the city of London was accompanied by Kom's maternal figure and her significant other. Regrettably, Charles Atkinson, Kom's esteemed coach, could not accompany her to the esteemed Olympic Village because he lacked a 3-Star Certification bestowed by the International Boxing Association (AIBA). This certification holds paramount significance as it is a prerequisite for accreditation, rendering his absence inevitable.

### **Achievements**

Year	Place	Weight	Competition	Location
2001	Second	48	Women's World Amateur Boxing Championships	Scranton, Pennsylvania,USA
2002	First	45	Women's World Amateur Boxing Championships	Antalya, Turkey



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

2002	First	45	Witch Cup	Pecs, Hungary
2003	First	46	Asian Women's Championships	Hisar, India
2004	First	41	Women's World's Cup	Tonsberg, Norway
2005	First	46	Women's World Amateur Boxing Championship	Podalsk, Russia
2006	First	46	Women's World Amateur Boxing Championship	New Delhi,India
2006	First	46	Venus Women's Box Cup	Vejle,Denmark
2008	First	46	Women's World Amateur Boxing Championships	Ningbo, China
2009	First	46	Asian Indoor Games	Hanoi,Vietnam
2010	First	48	Women's World Amateur Boxing Championship	Bridgetown, Barbados
2010	First	46	AsianWomen'sChampionships	Astana,Kazakhstan
2010	Third	51	AsianGames	Guangzhou, China
2011	First	48	AsianWomen's Cup	Haikou,China
2012	First	41	AsianWomen'sChampionships	Ulan Bator,Mongolia
2012	Third	51	SummerOlympics	London,UnitedKingdom
2014	First	51	AsianGames	Incheon, South Korea"



An International Multidisciplinary Peer-Reviewed E-Journal www.vidhyayanaejournal.org

Indexed in: Crossref, ROAD & Google Scholar

### Objective of the study

The purpose of this research is to investigate the performance of Mary Kom, an Indian female boxer, in both national and international events.

### Research Methodology

Regarding the research approach, the following is used in the study:

### ResearchDesign

A comprehensive case study was formulated to scrutinize the notable contributions and achievements made by Mary Kom in the realm of women's boxing within the nation. The present investigation shall employ a combination of historical biographical, analytical, and interpretative methodologies to examine the subject matter comprehensively.

### **Data Collection**

The collection of requisite secondary data shall be conducted by utilizing personal documents encompassing degrees, honours, books, articles, and published material, including books, pamphlets, articles, newspapers, and reports about Mary Kom. Additionally, as mentioned earlier, visual and official records shall be examined to supplement the sources.

### **Statistical Techniques**

The present study meticulously examined, interpreted, and assessed the collected data, employing essential statistical methodologies, including tabulation, visual representation, and percentage calculations.

#### **Result and Interpretations**

In 2008, the esteemed Indian pugilist Mary Kom, renowned for her prowess in boxing, achieved a remarkable feat by securing a silver medal in the esteemed Asian Women's Boxing Championship. This prestigious event, held within the borders of India, showcased the exceptional talent and skill of female boxers from across the Asian continent. Mary Kom's remarkable performance in this championship is a testament to her dedication,



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

perseverance, and undeniable talent in boxing. Subsequently, she emerged triumphant by clinching a coveted gold medal at the esteemed AIBA Women's Boxing Championship, a prestigious event hosted in China. This remarkable achievement marked her fourth consecutive gold medal, thus solidifying her unrivalled dominance in women's boxing. In 2009, the individual in question earned a gold medal at the Asian Indoor Games, a prominent sporting event hosted in Vietnam. Throughout the calendar year of 2010, it is noteworthy to highlight the resounding success achieved by the esteemed pugilist Kom, who emerged victorious in not one but two highly esteemed boxing competitions. These prestigious events, namely the championship and the Asian Women's Boxing Championship, were both held in the esteemed nation of Kazakhstan. The individual in question actively engaged in the 48 kg weight category within the jurisdiction of Barbados. This weight class was implemented after discontinuing the 46 kg division by the International Boxing Association (AIBA). The individual in question actively engaged in the 51-kilogram category during the esteemed Asian Games of 2010, which represented the lowest division across all participating athletes in weight classification. Remarkably, her exceptional prowess and skill culminated in attaining a highly coveted bronze medal. The individual in question achieved the esteemed accolade of the gold medal within the 48 kg weight category during the Asian Women's Cup held in China in the year 2011.

Furthermore, she demonstrated her exceptional prowess by securing the medal in the 51 kg division at the Asian Women's Boxing Championship hosted in Mongolia in the year 2012.

As mentioned earlier, the triumphs were accomplished during the calendar year 2011. One of the esteemed trio of individuals bestowed with the honour of bearing the Queen's Baton during the inaugural ceremony of the 2010 Commonwealth Games in Delhi, an event of great significance transpiring on October 3 in the year as mentioned earlier, was she. The presence of Sanjay and Harshit Jain was duly noted during the event, as mentioned earlier. Regrettably, her non-participation in the competition can be attributed to the absence of a women's boxing category within the Commonwealth Games. In the flyweight (51 kg) championship on October 1, 2014, during the Asian Games held in Incheon, South Korea, the individual in question emerged victorious over Zhaina Shekerbekova from Kazakhstan. As



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

mentioned above, the triumph resulted in the acquisition of her inaugural Gold Medal at the esteemed Asian Games. This notable occurrence marks the inaugural instance of an Indian female athlete securing a gold medal in the esteemed Asian Games.

#### **Conclusion**

Mary Kom, a prominent figure in sports, has exhibited a profound inclination towards athletic pursuits from a tender age. However, the remarkable achievements of Dingko Singh served as a catalyst, igniting her fervour to embark upon a professional journey in the noble art of boxing, commencing in the year 2000. During that period, her training was initiated at Khuman Lampak in Imphal under the meticulous guidance of M. Narjit Singh, the esteemed Manipur State Boxing Coach. Following a hiatus spanning two years, the individual in question resumed her engagement in the realm of athletics, subsequently achieving the notable feat of securing a silver medal at the esteemed Asian Women's Boxing Championship, which transpired in India in 2008. Subsequently, the individual in question proceeded to achieve an unprecedented feat by securing a fourth consecutive gold medal at the esteemed AIBA Women's World Boxing Championship, held in the nation of China. In 2009, the individual in question achieved the remarkable feat of securing a prestigious gold medal at the esteemed Asian Indoor Games, which took place in the nation of Vietnam.



An International Multidisciplinary Peer-Reviewed E-Journal <a href="https://www.vidhyayanaejournal.org">www.vidhyayanaejournal.org</a>

Indexed in: Crossref, ROAD & Google Scholar

#### References

- James, B., Skutt, A. G., & McLaughlin, E. (1997). The Boxing Register: International Boxing Hall of Fame Official Record Book.
- Kumar, J., Kaur, A., & Malik, R. (2020). Arjuna Awardee Shree Akhil Kumar an eminent sports person and his contribution towards boxing. *A Case Study*.
- Kaur, M., Husain, R., & Shaw, D. (2022). RELIABILITY OF HEALTH QUESTIONNAIRE FOR FEMALES INVOLVED IN INDIVIDUAL SPORTS.
- Alamdarloo, G. H., Cheric, M. C., Doostzadeh, M., & Nazari, Z. (2019). The comparison of general health in athlete and non-athlete women. *Health psychology research*, 7(1).
- Archive Championship; c 2008 February 6.
- Laxmi Negi. Mary Kom wins fifth successive World Boxing Championship gold. The Times of India; c2010September 19.
- Bakowski, Gregg. Nicola Adamsbeats Mary Kom to reach the 51kg Olympic final. The Guardian (London); c2012 August 8.
- Garg, C. (2010). *Indian Champions: Profiles of Famous Indian Sportspersons*. Rajpal & Sons.
- Devi, G. (2017). Women boxers in India: A case study of Mary Kom.